

***Fintan O'Connor – CGCU Welfare Officer – 16/02/2017 CWB report (as of 14/02/2017)***

Sexual health supplies have continued to be offered to any CGCU students requesting them from the office. Waffle, a social app start-up gave us 800 condoms in return for giving their publicity through an email to our members. Dental dams and some lube packets have expired. Still a full stock of non-expired condoms, latex and non-latex, all sizes. Sexual health supplies will be restocked.

On Valentine's Day, we ran a pop-up stand in Dalby court, handing out condoms and lube, as well as information on emergency contraception. Posters from a consent campaign run by Cambridge Students' Union were also printed for the desk. Event was well-received. Hopefully increased some awareness of the CU's sexual health provision, as well as promoting healthy and responsible attitudes towards sex.

I collaborated with Emily-Jane (DPW) and Sky Yarlett on *Under Pressure* for the last week of autumn term. This was a campaign on promoting healthy attitudes towards, and coping mechanisms for dealing with stress, as well as a number of other student issues.

I interviewed the candidate for the new college role of Director of Student Services (DSS) as part of a panel of students. We represented students so that we get a candidate who will work with us for the best student welfare outcomes. This was in collaboration with EJ and Luke McCrone (DPE).

I took part in mental health first aid training on February 14<sup>th</sup>, an action point of this board. However, I had not attended at the time of writing this report.

The CGCU, led by Milia Hasbani (CGCU President), ran a successful '*Women in Engineering*' seminar style event. This brought a number of high profile women in engineering to Imperial on the evening of February 13<sup>th</sup>. The talk was well attended, and the audience, who were very engaged, found it quite beneficial.

The CGCU committee has introduced a Deputy Welfare Officer position for the coming year 2017/18. I have been working with Mikhail Demtchenko as an unofficial deputy since November.

Meanwhile, I've been representing the CU on Union Council, and at this board.

***Plans:***

I intend to repeat the 'puppy therapy' event of last year. We are aiming for early March. I do, however, agree with Sky about focusing on running events and campaigns with a longer lasting legacy.

We would like to run some 'stress less' style events in the summer term/ exam season. These could include free picnics, group de-stress walks, or promoting the philosophy of 'It's Good to Talk', offering an opportunity to simply vent to a stranger. 'Listeners' would absolutely not attempt to be counsellors, but would be prepared to offer signposting, and would be advised in how to listen. Potentially, the dogs event could take place in summer term.

Ideally, I would like to investigate the feasibility of providing active listening training to larger sections of the student body. Bristol's student union ran an active listening along these lines – I would like to investigate this, and other unions' efforts, and see if we can emulate their successes.