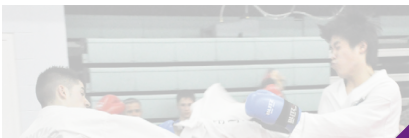
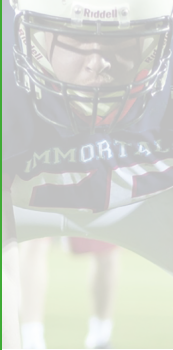


GIVE
IT A
GO



New
in 2013!



Yas Edwards

Deputy President (Clubs & Societies)
dpcs@imperial.ac.uk

At Imperial College Union we have over 300 Clubs, Societies & Projects! They are all founded and led by students and we are proud of the phenomenal variety which reflects the different interests and pastimes our students have. Our groups provide opportunities to partake in a vast range of different activities and events allowing you to meet new people, learn new skills and helping to improve the student experience at Imperial.

Give It A Go (GIAG) is our new programme which aims to give you a taste of what many of the Clubs, Societies & Projects offer. These are free or cheap taster sessions, events and activities which, most importantly, do not require you to buy membership beforehand.

This way, you can try new activities and get involved with many different clubs before committing to becoming members. Imperial College Union are also running some trips as part of GIAG which are additional opportunities to get out, meet new people and have a great time!

Being a beginner won't be unusual at any of these activities and I encourage you to make the most of the opportunities listed in this booklet. University is the best time to try something new, meet new people and enjoy being a student so my advice is to take these opportunities and Give It A Go! I hope to see you at some of the events featured.

Y. Edwards.

Information

Locations

Unsure where a room is? The College website (imperial.ac.uk) contains maps of all Imperial's campuses. The Union website (imperialcollegeunion.org) has a map of the Union building.

Cost of sessions

Most of our Give It A Go sessions are free, but some do have a cost - it could be per class, price for venue entry, travel costs or some spending money on trips. Costs are listed alongside the session details.

Go online

The What's On calendar on our website has more details and even more events and activities that you can take part in. Have a look at imperialcollegeunion.org/whats-on. Details of activities in this booklet were correct at the time of going to print but times and venues do sometimes have to change so make sure to check activities out online on the What's On.

Get Involved!

If you enjoyed the activity you participated in, make sure to join the Club, Society or Project that organised it. Check out the A-Z at imperialcollegeunion.org/a-to-z and purchase membership online. Don't worry if you can't make a Give It A Go session – you can still join and get involved in the Club, Society or Project at any point in the year.

Get in touch

If you have any ideas or suggestions about how we can improve Give It A Go we would love to hear from you. Email Yas at dpcs@imperial.ac.uk.

See all the listings and find out more about all of our Clubs, Societies & Projects on our website

imperialcollegeunion.org/whats-on



All information correct at the time of going to print (September 2013)

Timetable

Check out which of our Clubs, Societies & Projects are running sessions over the next few weeks. There are also a couple of sessions run by Imperial College Union.

Key

- ▲ Academic Related
- ▲ Arts & Entertainment
- ▲ Charitable
- ▲ Cultural
- ▲ Departmental
- ▲ Faith
- ▲ Indoor
- ▲ Martial Arts
- ▲ Media
- ▲ Outdoor
- ▲ Social
- ▲ Sports

Mon	Tue	Wed
30	1 October	2
		Page 6 American Football Buddhist Cycling Motor RCS Rowing Medics Skate Snooker & Pool Synchronised Swimming Table Football Tennis Triathlon Women's Rugby
7	8	9
Page 10 Leonardo Fine Arts Music Technology Snooker & Pool Taekwondo	Page 10 Boxing Caledonian Jazz & Rock Punjabi Snooker & Pool Yoga	Page 11 Belly Dancing Engineers Without Borders Gaelic Sports Motor RCS Riding & Polo Snooker & Pool Wakeboarding Women's Football Skate Snooker & Pool
14	15	16
	Yoga	Page 14 E. quinox Pole Dancing Science Fiction & Fantasy
21	22	23
		Page 15 Pole Dancing Radio

Please note, some activities happen on more than one day - check the dates in the listings overleaf so you don't miss out on a session!

Thu	Fri	Sat	Sun
3	4	5	6
Page 8 Cheese Chess Choir First Aid Judo Kabaddi	Page 8 Fencing	Page 9 Alternative Music Malaysian Rowing Medics	Page 9 American Football Boxing Cinema Fellwanderers Imperial College Union
10	11	12	13
Page 12 Choir Dance Funkology Hellenic Judo Punjabi Sikh Snooker & Pool Yoga Yoga Charing Cross	Page 13 Backgammon Fencing Snooker & Pool	Page 13 Chamber Music Dance Funkology Rugby League Women's Sports Clubs	Page 14 War Games
17	18	19	20
Choir Pole Dancing Yoga	Page 14 Islamic	Page 15 ACC Athletics and Cross Country and ICSM Athletics Imperial College Union Science Fiction & Fantasy	
24	25	26	27
Pole Dancing		Page 15 RAG (Raising & Giving)	

Give it a Go Events

Key ▲▲ Session is on for more than one date

Wednesday 2 October

▲▲ American Football

American Football match

Wednesday 2 & Sunday 6 October, 13:00, Free

Meet in Beit Quad outside the Union Building to walk to Hyde Park

If you've ever watched American Football and wanted to play, come along. It's a great way for new players of all abilities to try out loads of different positions and learn the basics of the game.

Buddhist Society

Meditation Flash Mob

Wednesday 2 October, 12:00. Free
Queen's Lawn

Come join us for a five-minute lunchtime meditation flash mob at midday to promote 'Mindfulness' in daily life.

Cycling Club

Cycling Club Welcome Week Ride

Wednesday 2 October, 13:30

Queen's Gate entrance to South Kensington Campus (near the side of the Library), Free

A casual road ride to Richmond for a couple of laps of the park and heading for drinks afterwards.

Motor (RCS)

Meet Jezebel

Wednesday 2 October, 12:30, Free

RCS Motor Club Garage, underneath the ACEX extension (Chem Eng) and behind the Royal College of Music (access at street level along road from rear of Sherfield)

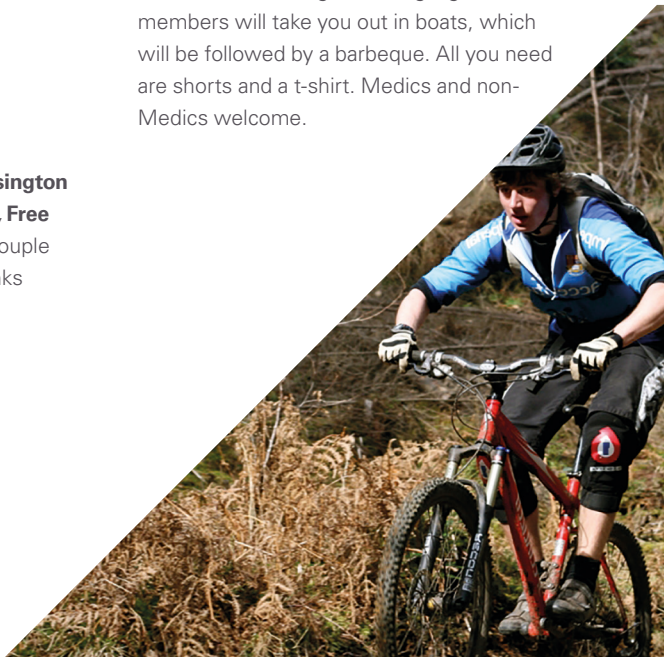
Come and meet Jezebel, a 1916 Fire Engine. Learn how the club looks after her and have a go at doing some maintenance, followed by a tour of London (places limited). For more details visit union.ic.ac.uk/jez.

▲▲ Rowing (Medics)

Give Medics rowing a go!

Wednesday 2 & Saturday 5 October; 12:30 on Wednesday, 11:30 on Saturday, Free
Meet in Beit Quad to go to University of London Boathouse, 81 Hartington Road, W4 3TU

This is a chance to give rowing a go! Our members will take you out in boats, which will be followed by a barbeque. All you need are shorts and a t-shirt. Medics and non-Medics welcome.





Tennis

Open day and taster session

Wednesday 2 October, 13:00 - 16:00, Free
Hyde Park Tennis Courts, just inside Hyde
Park from Exhibition Road, a 5 minute walk
from campus (Postcode W2 2UH)

Whether you want to play for the first time, make new friends, get fit and have fun or play competitively, come join us! Rackets and balls provided but please bring your own racket if you have one!

Skate

Rollerskating, rollerhockey, and slalom taster

Wednesday 2 & 9 October, 13:00, Free
Meet in Beit Quad outside the Union Building

You can borrow skates and padding from us, then head to the Albert Memorial to skate. A perfect opportunity for both beginners and experienced skaters.

Snooker & Pool

Snooker Open Day

Wednesday 2 October, 12:00 - 18:00, Free
Rileys Victoria, 16 Semley Place, London
SW1W 9QJ

This inaugural free snooker event allows attendees to play snooker to their heart's content. We'll be using as many tables as possible to ensure everyone can play.

Synchronised Swimming

Taster session

Wednesday 2 October; 15:00 - 16:00 in Ethos,
18:30 - 20:30 in St Mary's (meet at 17:45 on
Queen's Lawn), Free

Ethos swimming pool (afternoon) and St Mary's
Campus swimming pool (evening)

Come discover an amazing sport! Learn your first moves, first routine and have fun. Stay afloat in the deep end and we will take it from there. For ladies and gentlemen!

Table Football

Taster session

Wednesday 2 October, 13:00, Free
East Basement, Beit Quad

Learn more about playing table football, meet other like-minded players, or simply just have an afternoon of pure fun!

Triathlon

Core exercise training class

Wednesday 2 October, 19:15, Free
Ethos

A qualified trainer and triathlon specialist will show you how to strengthen your core muscles to improve stability, posture and keep yourself from injury. Open to triathletes and non-triathletes alike!

Women's Rugby

Taster session

Wednesday 2 October, leave at 12:00, Free
Harlington, meet in Beit Quad outside the
Union Building

Rugby is a fantastic sport that anyone can play but most girls won't have had the opportunity. We go through the basics with some fun drills and games, followed by a social!

Thursday 3 October

Cheese Society**Cheese Lunch**

**Thursday 3 October, 12:30 - 14:00, Free
Metric**

A society dedicated to cheese? You'd feta believe it! Don't miss our free taster lunch at Metric. For a scrumptious, social lunch on Thursdays, Cheese Soc is the place to brie!

Chess**Freshers' chess tournament**

**Thursday 3 October, 19:00, Free
Meeting Room 3, Union Building, Beit Quad**

Play a free mini tournament against those of a similar standard! It is NOT a knockout, so everyone will play the same number of games. The team captains will be there to chat with you too!

Choir**Royal Albert Hall performance rehearsals**

**Thursday 3, 10 & 17 October, 18:00 - 20:15,
Free**

The Great Hall, Sherfield

Fancy singing in the Royal Albert Hall? We're a non-auditioned, vibrant and social group of 120+ singers. Come along to any of our free rehearsals. Social activities follow!

First Aid**Introduction to First Aid**

**Thursday 3 October, 18:00 - 20:00, Free
Blackett LT2**

Come and find out more on how to join our upcoming free first aid courses taught by St John Ambulance, enter high-profile duties for free, including Hyde Park Concert, and our free paintball social.

Judo**Taster session**

**Thursday 3 & Thursday 10 October, 18:30 -
20:00**

**Union Gym, Union Building, Beit Quad;
meet at Beit entrance
Free**

A judo session with all the club members, from beginners to advance judokas, where you can learn the basics of this great sport and get an inside view of the club!

Kabaddi**Demonstration/Taster Session**

**Thursday 3 October, 16:00 - 18:00
Union Gym, Union Building, Beit Quad
Free**

Kabaddi is a sport derived from India that is one of the fastest growing in the world. Learn how to play at Imperial for free! It is easy to pick up and you will never look back.

Friday 4 October

Fencing**Two novice taster sessions**

**Friday 4 & Friday 11 October, 18:00, Free
Ethos**

Looking for something a bit different to do and a fun way to get exercise? Join us for a fencing taster session and see if it's the sport for you. Just bring trainers and tracksuit bottoms.

Saturday 5 October

Alternative Music**Record store crawl****Saturday 5 October, 14:00, Free****Meet in FiveSixEight, Union Building**

We'll take you on a tour of some of the best independent stores, stopping for a few drinks along the way. Explore London, pick up some great records and meet the wonderful AMS members!

Malaysian**Welcome Reception****Saturday 5 October, 10:30, Free****Read Lecture Theatre, Sherfield Building**

This is a great opportunity to meet and for us to officially welcome you to Imperial. Even if you're not a Malaysian, feel free to join us!

Cinema**Cinema Intro Day****Sunday 6 October, 11:00 - 16:00 (sessions on the hour every hour - last session at 16:00), Free****Cinema Projection Room, Level 2M, Union Building, Beit Quad**

Learn how a cinema works behind the scenes. Try your hand at the ancient art of 35mm film projection or experience our state of the art digital cinema equipment. Free lunch is included!

Fellwanderers**Seven Sisters Coastal Walk****Sunday 6 October, 08:00 - 20:00, £15 - £25****South Downs, meet at Victoria Station**

Get to know the club with a day walk along the coastal Seven Sisters cliffs, a pub mid-way and fish and chips at the end. You only need to bring waterproofs, money, lunch and water (Costs: Around £15 for train ticket and dinner, plus bring own packed lunch or £10 spending money).

Sunday 6 October

Boxing**Taster sessions for all levels****Sunday 6 & Tuesday 8 October****Sunday 16:00 - 18:00, Tuesday 12:15 - 13:30,****Free,****Union Gym, Union Building, Beit Quad**

Try boxing for free! We have two taster classes for all abilities, which combine technique and skills development with circuit training and fitness. All welcome.

Imperial College Union**Ikea Trip****Sunday 6 October, 11:00 - 16:00, £7****Meet outside Union Building on Prince Consort Road**

Need some chic furnishings for your room? Or just have a craving for Swedish meatballs? This is your opportunity to pick up some supplies with coach transport provided to Ikea Wembley.



Monday 7 October

Leonardo Fine Arts

Drawing Class

Monday 7 October, 18:30, Free

Royal School of Mines, Room G01

Get in touch with the artist within! We provide art supplies, tea, biscuits and a crowd of amazing people, all you need to bring is your creativity!

Music Technology

Producing or DJing taster session

Monday 7 October, 19:00, Free

Metric

This free session will give students interested in learning DJing or production the chance to meet the society and give it a go before becoming a member. All experience levels welcome!

▲▲ Snooker & Pool

Lunchtime Snooker Drop-in Sessions

Every day from Monday 7 to Friday 11

October, 12:00 - 14:00, Free

Snooker Room, Level 3, Union Building, Beit Quad

A committee member will be in the snooker room to answer any queries about the club and to play some snooker if desired!

Taekwondo

Taster session

Monday 7 October, 19:00 - 21:00, Free

Union Gym, Union Building, Beit Quad

Our classes improve fitness and flexibility whilst teaching martial art techniques.

Whether looking to continue your TKD training or try something new, the team look forward to meeting you.

Tuesday 8 October

Caledonian

Freshers' Ceilidh

Tuesday 8 October, 18:00, Free

Union Dining Hall, Union Building, Beit Quad

Come and join us for a fun evening of Scottish music and dance with our very own live band! No experience necessary; our callers will walk you through every dance.

Jazz & Rock

Jam Night

Tuesday 8 October, 19:00 - 23:00, Free

Jazz & Rock Room, West Basement, Beit Quad

Want to rock Imperial's socks off but don't have the people to perform with? Jazz & Rock's Jam Nights will provide the atmosphere, the kit and lots of musicians. Unleash your inner rock and jazz gods!

Wednesday 9 October

▲▲ Punjabi

Bhangra Dance Lessons

Tuesday 8 & Thursday 10 October, 17:45,

Free

Room 406 EEE

Bhangra is an energetic and fun style of dance and a great way to meet new people! You can also audition for the Imperial College Bhangra Team who take part in the biggest student show in the UK.

Snooker & Pool

Snooker Coaching Taster

**Tuesday 8 October, 18:00 onwards, Free
Snooker Room, Level 3, Union Building, Beit Quad**

Attendees will get free access to 3 hours of coaching, provided by professional snooker coach, John Woods. Members can purchase beginner or advanced lessons with John throughout the year.

▲▲ Yoga

Taster classes

Tuesday 8 & 15 October, Thursday 10 & 17

October, 18:00 - 19.15, £1 per class

Tuesdays - Skempton 060 A/B/C

Thursdays - Skempton 064 A/B

Ever wanted to try yoga but felt put off by the fees and the impossible acrobatics of advanced yogis? We are offering two weeks of taster sessions suitable for all levels (including beginners).

Belly Dancing

Taster class for beginners

**Wednesday 9 October, 17:00 - 18:00, Free
Union Dining Hall, Union Building, Beit Quad**

We welcome you to try out our free beginners' taster classes, all taught by professionals. After the class you will be able to chat to everyone with free sweets and an icebreaker.

Engineers Without Borders

Rope Washer Pump Construction

**Wednesday 9 October, 13:00 - 16:30, Free
Chemical Engineering (ACEX) Foyer**

Get your hands dirty and join us in constructing a rope washer pump! You will also learn more about the multi-faceted work EWB-IC does, which includes outreach, volunteer training and a new Philippines initiative.

Gaelic Sports

Taster Training Session

**Wednesday 9 October, 13:00, Free
Meet outside the Union Building to walk to Hyde Park**

Come and try out the national sports of Ireland - Gaelic Football and Hurling. Take part in our taster training session, learn some new skills and meet new people in our post-training drinks!

Motor (RCS)

Learn to go pumping

Wednesday 9 October, 12:30, Free
RCS Motor Club Garage, underneath the ACEX extension (Chem Eng) and behind the Royal College of Music; access at street level along road from rear of Sherfield

Learn how to operate a water pump and use fire hoses with Jezebel, a 1916 Fire Engine. After meeting at the Garage we will drive to Hyde Park where you will learn how to use fire hoses and operate water pump. For more details visit union.ic.ac.uk/jez or email jez@ic.ac.uk.

Riding & Polo

Riding Lesson

Wednesday 9 October, 14:00, £20
Trent Park Equestrian Centre - meet outside the Union Building to travel as a group
 Come and try a 30-minute horse-riding lesson in the countryside. For more info and to sign up go to union.ic.ac.uk/acc/riding/riding/give-it-a-go.

Snooker & Pool

Freshers' Snooker and Pool Party

Wednesday 9 October, 12:00 - 18:00, Free
Rileys Victoria, 16 Semley Place, London
 A free event, intended to celebrate the year ahead for the society, where free food will be provided courtesy of Rileys. Professional pool coach, Rico Diks, will be attending to teach pool trick shots.

Wakeboarding

Wake Party - Wakeboard taster session

Wednesday 9 October, 12:00 - 20:00, £15
Meet in the entrance to the Union Building, Beit Quad to get a coach to JBSkis Cable wakeboard park

This is an opportunity to get the adrenaline flowing and try one of the newest board sports. A great day on the water with socialising to follow! All equipment, transport, food and a drink is included.

Women's Football

Taster session

Wednesday 9 October, 13:30
Meet in Beit Quad outside the Union Free

Join us for a trial session in Hyde Park.

Thursday 10 October

Dance Funkology

Hip hop dance classes

Thursday 10 & Saturday 12 October
19:00 - 20:30 on Thursday & 13:00 - 14:30 on Saturday, Free
Union Dining Hall, Union Building, Beit Quad

Whether a complete beginner or experienced dancer, come and learn to dance hiphop in Funkology's free taster classes! Wear whatever's comfortable! Find us at facebook.com/FunkologyCrew.

Friday 11 October

Hellenic Society**Greek Folklore Dancing Information Session****Thursday 10 October, 18:00, Free****Room 301 Skempton Building**

Join friends and regenerate your spirits through this refreshing activity. Beginners and advanced dancers are all welcome. In this first session we'll be putting together our dance group!

Sikh**Cha and Samosa Party****Thursday 10 October, 18:00, Free****Union Dining Hall, Union Building, Beit Quad**

The Sikh Society annual Cha and Samosa Party is a great opportunity for both Freshers and returning students to mingle, meet the new committee and more enjoy some tasty free food!

Snooker & Pool**Snooker Club Night Taster****Thursday 10 October, from 18:00, Free****Snooker Room, Level 3, Union Building, Beit Quad**

This free event will give you a taste of our Club Night, held on a Tuesday and Thursday evening each week of term. These sessions allow members to socialise and play friendly matches.

Yoga (Charing Cross)**Yoga class****Thursday 10 October, 18:00 - 19:30, Free****(registration needed)****Reynolds Building, Charing Cross Campus**

This class will introduce you to fast flowing dynamic ashtanga yoga - a vigorous workout! As space in the studio is limited, they must be booked via cxcy05@imperial.ac.uk.

Backgammon Society**Introduction to Backgammon****Friday 11 October, 12:00 - 14:00, Free****Meeting Room 2, Union Building, Beit Quad**

Backgammon is a fun simple-to-learn board game and can be played by people at many skill levels. Whether you've played before or not, come along to our introductory sessions!

Saturday 12 October

Chamber Music**Instrument Taster Session****Saturday 12 October, 13:00 - 16:00, £5 (free for members)****Blyth Music Centre**

Wanting to try a new instrument? Come along for the Instrument Taster Session in collaboration with students from the Royal College of Music. No experience needed.

Rugby League**Touch Rugby****Saturday 12 October, 11:00 - 12:30, Free****Football pitches at Hyde Park**

Do you have a passion for action? Boil off those pent up feelings on the rugby field. Enjoy it, love it, have fun doing it and indulge your passion; experience what it is like to be part of IC Rugby League.

Women's Sports Clubs

Women's Sports Day

Saturday 12 October, 11:00 - 17:00, Free
Teddington Sports Ground

You'll have the opportunity to have a go at every sport, meet new people and relax afterwards with a big social event. Sports include Rugby, Netball, Basketball, Badminton, Hockey and Cheerleading. All abilities welcome! Please note, public transport to Teddington needs to be paid by the individual.

▲▲ Pole Dancing Club

Beginners' sessions

Wednesday 16 & 23 October and Thursday 17 & 24 October

18:00 on Wednesdays and 20:00 on Thursdays, £3 per class

Union Gym, Union Building, Beit Quad

Meet the exercise that's taking the world by storm. Pole Dance combines gymnastics with the grace of dance, all on a 3m vertical bar! Even if you've never considered trying it, come along!

Science Fiction & Fantasy

Book Blind Date

Wednesday 16 October, 12:15, Free

Science Fiction and Fantasy Library, West Basement, Beit Quad

Come along to Beit Quad and pick up one of our free mystery second hand books. Discover something new and fall in love with a book.

Sunday 13 October

War Games

Femtocon

Sunday 13 October, 12:00 onwards, Free
From 12:00: Meeting Room 1, 2 & 3, Union Building, Beit Quad

Come along to try our main activities, which include board games, light party games, involved strategic games, card games such as Magic and one-off roleplaying games ranging in genre.

Friday 18 October

Islamic

Introduction to Islam

Friday 18 October, 18:15 - 19:15, Free

Islamic Society Prayer Room, 9 Princes Gardens, SW7 1NA

We are running a free course that will introduce Islam to those keen on finding out more. This course is open to all, regardless of religion or background, so feel free to come along!

Wednesday 16 October

E.quinox

Build An Energy Kiosk

Wednesday 16 October, 13:30, Free
EEE Level 5 Labs

First of a series of workshops. We will discuss the best way to electrify rural areas in developing countries, with a chance for you to build some vital components! Your ideas could become our next big thing!

Saturday 19 October

ACC Athletics and Cross Country and ICSM Athletics**Freshers' Athletics Varsity**

Saturday 19 October, 12:00 - 14:30, Free
Linford Christie Outdoor Sports Centre,
Artillery Way, Off Du Cane Road,
Wormwood Scrubs, London W12

Come and try athletics in our pentathlon! See how you fare in one or all the events, including long jump, shot put, high jump, 200m and javelin. Entry is free, including a social afterwards.

Imperial College Union**Fright Night at Thorpe Park**

Saturday 19 October, 13:00 - 23:00, £38
Meet outside Union Building on Prince Consort Road

Halloween horror and a late night opening transform Thorpe Park. Join us at one of the UK's biggest and best theme parks for thrills, scares and rollercoasters! Coach transport and ticket included.

Science Fiction & Fantasy**Freshers' Bookcrawl**

Saturday 19 October, 11:00, Free
Meeting up in the Science Fiction and Fantasy Library, West Basement, Beit Quad, and then heading out to West End London bookshops

Discover all the best science fiction and fantasy bookshops in London on our annual Book Crawl. This is the perfect opportunity to buy some new books and meet fellow enthusiasts.

Wednesday 23 October

IC Radio**Studio Tour and On Air Practice**

Wednesday 23 October, 14:00 - 18:00, Free
(registration needed)

IC Radio Studio, West Basement, Beit Quad

Think you'd be good on the radio? Bring some choice music and we'll let you take control. You'll get all the help you need and everyone can listen from home! Register for a slot on ICRadio.com.

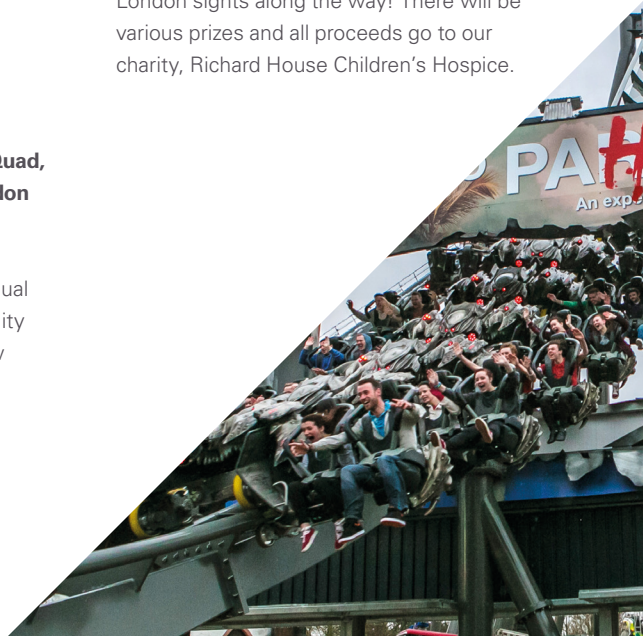
Saturday 26 October

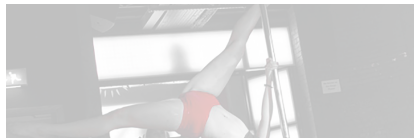
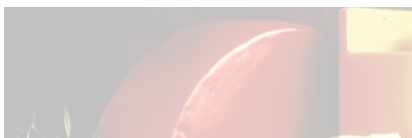
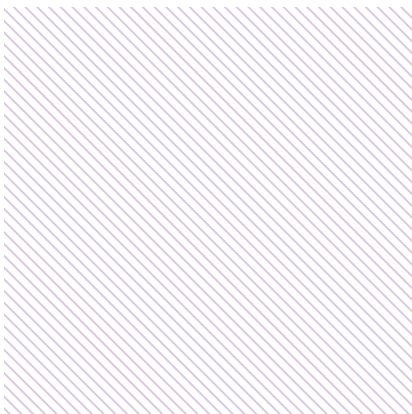
RAG (Raising and Giving)**Freshers' London Invasion**

Saturday 26 October, 10:00, Free

Meet in Beit Quad outside the Union Building before travelling through the Borough of Westminster

Go on a charity collect around Westminster, completing fun challenges and seeing London sights along the way! There will be various prizes and all proceeds go to our charity, Richard House Children's Hospice.





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